



Study

Read Romans 7:15, 7:20, 8:6, & Galatians 5:24-25. Even though Romans 7 describes Paul's personal struggle to defeat sin in his life, the rest of Paul's writings confirm three essential truths of the Christian life:

- ◆ By my faith in Jesus, my sin is removed.
- ◆ After cleansing my sin, God sends his Spirit to reside in me.
- ◆ With the Spirit in me, the main battle is now in my mind.

What do those truths mean to you?

Read 2 Corinthians 10:3-5. What is that passage saying to you?

Lie 1: "It shouldn't be this hard."

Have you ever used this phrase or thought it? When? In what context?

On Sunday, I tried to address the logic behind this lie by introducing three questions: *What shouldn't be this hard? How hard is it really? How hard should it be?* How would you answer those questions when you think this lie?

Lie 1a: "I deserve better."

Most of the time, behind lie #1, this is the real thought. When have you been tempted to think this lie?

But again, when we think about it logically, it doesn't make sense. Here are the three questions used to address this lie: *Better than what? Better than who? What do you deserve?* When you apply these questions to your situation, what insights do you get?

These lies are so ingrained in us that to directly address them actually results in us feeling pretty bad about ourselves. That's one reason why they are so persistent. However, we don't have to address these lies directly. Instead, we can correct these lies about ourselves by focusing on what is true about God.

Truth: God Is Good.

For each passage, discuss what it is saying to you about God's goodness.

Mark 10:18 • James 1:17 • Psalm 63:1-11

Take it Home

God is good and God *makes* good. How does that truth address the lies we looked at tonight? What difference does thinking that truth make?

How do you handle it when it seems like God isn't good?



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